

Photo by Senior Airman Krystal Wright

Students from the 937th Training Group perform drill maneuvers during a drill competition between Joint Base San Antonio technical schools at JBSA-Lackland Nov. 13. See more photos page 13.

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By Tech. Sgt. Kimberly Lisenby Robert D. Gaylor NCO Academy

have heard many times, from one place or another, the following phrase, "you need to balance personal life with work."

I always felt I did a good job at this so I didn't stress about this issue. That was until my husband got selected to be a military training instructor. You see, I am also in a very demanding career field. I am a professional military education instructor at the Robert D. Gaylor NCO Academy.

I have always believed that he would be excellent as an MTI, but when he got selected for it, we both panicked a little. "What about the boys? How are we going to make this work? How would we balance everything now? How can we be resilient as a family?"

I had heard stories from friends in similar situations. They told me about how their children asked them questions like, "Are you getting a divorce?" and "I miss mommy" or "I miss daddy." Quite frankly, it scared me that their children would say that just because they weren't seeing both parents like they used to. "What might our boys say? How could we minimize the impact on them?"

My husband's hours at work changed during his training and it wasn't until I taught emergent leadership issues to my students that it hit me. We are balancing our home life with work! If you ask me, we are doing an awesome job at it too! So my husband's hours have changed and I am grading papers on off-duty time, but there is something to be said about seeing how we are able to adjust.

My husband was told if he could successfully teach facing movements and marching to a child, he could easily teach these to the trainees. So what did he start doing? You got it! My oldest son, who is nearly 7, can now do facing movements with the best of us. He can even spout out what all MTI's know so well, "By the numbers is an informational command..."

This transition has been something my husband has involved the rest of the family in as well. He has had to memorize a lot of things and I helped him and make sure he didn't forget anything. I tell you this to point out the following:

Even though we were studying, grading papers and bringing work home, my eldest son was still learning something from his father and still having one-on-one time. He was even asking him questions like, "What are we learning tonight dad?"

My husband and I are still spending time together as well, and we are helping each other to succeed at our careers in the process.

Are we perfect at balancing work and home? No, not in the slightest, but at

least we have a starting point and for the time being we are doing great.

Will struggles happen? Sure they will, but it's how you get through them that matter. You see, all my son sees is how his father still includes him and he even has a glimpse into his father's new daily routine. He also sees that we take time to interact with them instead of using that time to stress on how things need to change.

If we think outside the box and even show our children what we do on a daily basis, not only will it help them understand what's going on, it will show them we care enough to include them.

I will continue to explain to my children why we do the things we do and my husband will continue to include them in the things that he can. I will go out of my way to make sure he sees the boys before we head home for the day, if need be. I will do this because my family is that important to me.

Being resilient isn't just for Airmen, it's for families too. Being resilient through life isn't just a military word. It's a way of life to make sure you succeed. I won't complain and I will make it work. That's my warrior ethos! Lord willing, we will get through this and we will be better people because of it.

So I ask you ... what will you take out of life's challenges and how will you adjust? It's all in the mindset you choose, so choose wisely.

## Diabetes, periodontal disease: What is the relationship?

**By Tech. Sgt. Claudia Holcomb** 59th Dental Group

id you know people with diabetes are twice as likely to develop or have complications with periodontal (gum) disease?

Many people aren't aware of the link between diabetes and periodontal disease.

According to the American Academy of Periodontology, periodontal disease is a result of infection and inflammation of the gums and supporting structures of the teeth.

Diabetes can slow down the healing process, making patients more vulnerable

to infection and more likely to develop or worsen their periodontal disease.

It is important for everybody, especially people with diabetes, to visit the dentist at least once a year to receive an oral health assessment. A good oral hygiene regimen of proper brushing and flossing at home is essential to maintain an overall balance between the disease and oral health.

People should also look out for the warning signs of periodontal disease. Common indications include bleeding or tender gums, and loose teeth or gums that are pulling away from the teeth.

Keeping diabetes under control is a key

factor in controlling periodontal disease and vice versa.

For example, when periodontal disease is uncontrolled, the effects of diabetes tend to worsen, which result in the body requiring more insulin.

When diabetes isn't under control, it tends to cause or prolong periodontal disease episodes more frequently. Patients can also develop other side effects, such as a burning tongue or dry mouth.

The American Dental Association advises people with diabetes to seek more

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#### TALESPINNER

Joint Base San Antonio-Lackland Editorial Staff

> BRIG. GEN. BOB LABRUTTA 502ND AIR BASE WING/JBSA COMMANDER

TODD G. WHITE 502ND ABW/JBSA PUBLIC AFFAIRS DIRECTOR

OSCAR BALLADARES
JBSA-LACKLAND
PUBLIC AFFAIRS CHIEF

SENIOR AIRMAN LYNSIE NICHOLS SENIOR AIRMAN KRYSTAL JEFFERS PHOTOJOURNALIST JOURNEYMAN

> JOSE T. GARZA, III SPORTS/STAFF WRITER

DOROTHY LONAS
PAGE DESIGN/ILLUSTRATOR

#### Office

2230 Hughes Ave. JBSA-Lackland, Texas 78236-5415 (phone) 671-2908 (fax) 671-2022

Email: tale.spinner@us.af.mil

Straight Talk: 671-6397 (NEWS)

#### For advertising information:

EN Communities P.O. Box 2171 San Antonio, TX 78297 250-2052

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## **News in Brief**

#### JBSA AIR FORCE CYCLING TEAM MEETINGS

The San Antonio Air Force Cycling Team will be holding membership and recruiting meetings across Joint Base San Antonio for Airmen, civilians, retirees and dependents interested in joining the team. Meetings will discuss membership requirements, registration for the annual Register's Annual Great Bicycle Ride Across Iowa, training rides and organized rides participation.

The JBSA-Randolph meeting will be Dec. 1 from 11 am to noon at the Kendrick Club Chief's room.

The JBSA-Fort Sam Houston meeting will be Dec. 2 from 11 am to noon at the Golf Course Lady Card room.

The JBSA-Lackland meeting will be Dec. 3 from 11 am to noon at the Arnold Hall Community Center

For more information, call 652-3964.

## 502ND INSTALLATION SUPPORT GROUP JUDGE ADVOCATE HOSTS RETIREE APPRECIATION DAY

The Joint Base San Antonio-Lackland Legal Assistance Office will be hosting a Retiree Appreciation Day, Dec. 4 from 8:30 a.m. to 12:30 p.m. and will be assisting retirees and their dependents with estate planning documents. They will be able to obtain a testamentary will, powers of attorney and advanced medical directives.

No appointment is needed, but a completed estate planning worksheet must be presented at the time of arrival. A worksheet may be obtained by picking one up at the office located in building 3484 or online at https://aflegalassistance.law.af.mil.

The office is located at 1701 Kenly Avenue, Suite 134. For more information, call 671-3362.

#### 'JBSA MAKES CENT\$' HELPS ENSURE EVERY DOLLAR COUNTS

Have any idea on how to eliminate waste? Don't let that idea get away, because the 502nd Air Base Wing and Joint Base San Antonio needs people to identify any wasteful practice they see via a "JBSA Makes Cent\$" submission.

If there is any way to make an adjustment to — or eliminate waste in — what is being done, to save resources and still accomplishing the mission, then submit the idea.

Submitting and getting suggestions approved on the JBSA Makes Cent\$ websites can now be a benefit. In addition to the saving opportunities, people can earn time off

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# Securing the future by 'bending the cost curve'

"Bending the Cost Curve," one of the 13 Make Every Dollar Count cost initiatives launched by the Air Force, includes a growing and evolving set of more than 20 acquisition reform activities.

These activities are focused on finding ways the Air Force can be more effective at how it spends money to get better capabilities to the warfighter faster.

"BTCC is coming up with ideas with industry, then going out and trying those ideas to see if we can actually drive down cost, increase capability and get it delivered faster," said Dr. Camron Gorguinpour, Air Force Office of Acquisitions, Transformational Innovation Office director. "Everything we do with BTCC is in collaboration with industry. They are a big part of the solution, so working closely with them helps us come up with better ideas of things that we should be doing."

One program, Open Systems Acquisition, has reached a level of success. The concept is to move Air Force weapons systems toward a more open architecture, allowing traditional and non-traditional industry partners more flexibility for future improvements.

"Basically, OSA is a plugand-play type of model. You have a system that anyone can understand and plug into if they develop a product that complies within certain requirements," Gorguinpour said. "That way one company can create a system, but down the road,



**COURTESY GRAPHIC** 

when you need a new capability, another company can create the new part and it can be changed out without a huge contracting action.

"This new open architecture environment will allow us to rapidly change out capabilities, to compete to a very broad segment of industry and build on certain designs rather than having just one fixed product."

As part of this program, the Air Force Research Laboratory created its own acquisition vehicle tailored to the new OSA model. With this new system, it will take only three weeks from the time companies demonstrate their capabilities to the time the winner is funded and doing work.

"This is getting us closer to the point of where you can acquire at the pace of global innovation," Gorguinpour said. "There is definitely a lot more work to be done to smooth out the process for

everyone to use, but we are getting it closer to being a reality."

Thinking outside of the box and in the spirit of innovation, the Air Force launched the largest cash prizes ever conducted by one of the military services called Air Force Prize – worth \$2 million to the entity that can produce a lightweight, midsized turbine engine.

"Turbine engines are important, especially if it can be installed into a smaller vehicle, the engine can double the fuel efficiency and improve the lifecycle cost," Gorguinpour said. "The opportunity to win the cash prize started in May and companies will have two years to provide a product."

Also included in BTCC is the Cost Capability Analysis program that would create better transparency by providing more awareness of Air Force requirements to industry to reduce the costs and development times for Air Force systems.

"When buying something as simple as a computer, you can see where a small increase of speed or memory is going to dramatically increase the cost," Gorguinpour said. "So you need to find the optimal setting for your requirement. Because of BTCC, the Air Force is working with industry early in the acquisition process to refine what the requirements should be."

The Air Force is looking to provide more tools to help navigate the complex acquisition process with AQ Prime, a beta website powered by a learning computer with the knowledge of the federal acquisition regulation. This website will serve as a resource for businesses not used to working with the military, as well as the public, an easy way to understand the complex government regulation.

"Even if we do the best job at streamlining bureaucracy, the fact is that it is going to be complicated because the work we do is incredibly complex," Gorguinpour said. "We not only need to streamline the process, but also give people the right tools to navigate this better."

BTCC activities will continue to improve the internal Air Force acquisition process, enhance interactions with industry throughout the acquisition lifecycle, and expand competition among traditional and non-traditional industry partners.

(Source: Secretary of the Air Force Public Affairs )

# Air Education and Training Command battles national deadly 'epidemic'

What's worse than drinking and driving? According to statistics from the National Highway Traffic Safety Administration, texting and driving. As a matter of fact, texting while driving is about six times more likely to cause an accident than driving intoxicated.

That's why Air Education and Training Command is running a Distracted Driving Campaign through Jan. 15.

"Distracted driving – and texting and driving in particular – has become an epidemic," said Blane Taylor, AETC occupational safety manager. "I think people are shocked to hear texting and driving is more dangerous than drinking and driving. But most people don't drink every day. Many people do, however, text every day. The sheer volume of texters makes this one of the leading mishap factors for motorists."

Taylor said in addition to safety awareness, the campaign will focus on letting people know the federal and state laws on distracted driving in the area in which they live.

The president himself has directed federal employees to not text while driving government vehicles. Also, handheld cell phone use while driving on Department of Defense installations is strictly forbidden. Despite those efforts, however, the Air Force has not been immune to the catastrophic effects of distracted driving.

Less than a year out of basic training, a 20-year-old Airman lost control of his vehicle while texting and driving. It flipped three times and ejected a passenger. The Airman survived, but his passenger died. He says he is still haunted by her death.

In another instance, a 19-year-old AETC Airman drove while trying to use the GPS on his cell phone, which sat on his lap. With his eyes off the road, he drifted into the lane of oncoming traffic, striking an ambulance head-on. Both vehicles flipped and the Airman and two of his passengers died.

Distracted driving causes more than 350,000 vehicle mishaps per year, and texting and driving tops the list of distractions, NHTSA statistics show.

According to studies, five seconds is the average time texting steals a person's attention from the road. If they are going 55 mph, that's like traveling the length of a football field blindfolded.

"Each one of us can do our part to reduce this epidemic by being informed of the state and federal laws in effect," Taylor said. "Make a pledge to not use your phone or text while driving. Driving is dangerous enough – even without distractions. Our goal is simple: We want people to stay focused while driving so they can reach their destinations safely."

Taylor encourages everyone to check out the Department of Transportation's website at http://www.distraction.gov for more information.

(Source: Air Education and Training Command)

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frequent dental prophylaxis, or cleanings, to reduce the amount of bacteria and inflamed tissues in the oral cavity. High levels of bacteria cause chemical changes in your body that could negatively affect the action of insulin.

Frequent dental examinations, combined with a healthier diet and proper flossing and brushing, can make the relationship between diabetes and periodontal disease more manageable. Maintaining periodontal disease and diabetes requires good home care and the support from your dentist, dental assistant and dental hygienist.

Being an active participant in your

dental treatment is important for a successful outcome and is a key factor in preventing and controlling any oral health problems. For additional information, visit the American Dental Association website at http://www.ada.org.

## TRICARE Young Adult premiums to increase Jan. 1, 2016

Premiums for the Military Health System's benefit plan for adult children between 23 and 26 years old have been announced. The premiums for TRICARE Young Adult, or TYA, program will increase on Jan. 1, 2016 to \$306 per month for TYA Prime and \$228 per month for TYA Standard.

Offering the option to have young adults covered under these plans falls in line with what all Americans are able to do with their adult children under the Affordable Care Act," said Mary Kaye Justis, TRICARE Health Plan director. "We want to make sure those wanting this coverage know all the facts as they go into the open enrollment season for health care plans in this country."

Justis explained the increase is due to the requirement in the National Defense Authorization Act of 2011 that TRICARE set TYA premiums to cover the full cost of health care received by the program's beneficiaries.

Previous years' premiums were lower because TRICARE did not yet have sufficient cost data to set annual premiums. This coming year marks the first time TRICARE has had enough actual cost data to set the premiums based on actual costs rather than predicted cost.

"We are required by law to be cost-neutral to the government, so the premiums had to be raised to cover the actual cost of care," Justis said.

TYA offers very generous, competitive coverage for young adults, Justis said. Although the premiums do not go into effect until Jan. 1, 2016, TRICARE leaders want to make sure TYA beneficiaries have all the facts now to make the best decision possible, based on their needs and circumstances, during the open enrollment season from Nov. 1 through Jan. 31, 2016.

"We like having young adults in our system and welcome them to stay on," Justis said. "But they do have options."

Other health care options for young adult beneficiaries include:

- Purchasing TYA Standard lower premiums, higher cost shares – instead of TYA Prime
- Enrolling in a parent's civilian health insurance plan, if available
- Purchasing coverage through the college or university, if enrolled.
- Purchasing a plan offered through the Health Insurance Marketplace at http://www. healthcare.gov.

Lower cost plans may be available depending on income and residence, and assistance paying premiums may be available if beneficiaries qualify for government subsidies through commercial plans.

Visit http://www.tricare.mil/TYA for more information.

(Source: Defense Health Agency)

## HERSCHEL WALKER VISITS JBSA-LACKLAND



Photo by Staff Sgt. Marissa Garner

Tech. Sgt. Greg Fellows, a weapons instructor with the 344th Training Squadron and Herschel Walker, retired professional football player, Olympic bobsledder and current mixed martial artist, discuss the specifications of current weapons systems during a visit to the 37th Training Wing at Joint Base San Antonio-Lackland Nov. 17. Walker visited the wing to share his story about his struggles with dissociative identity disorder and to encourage members to strive for excellence.

## Court-martial, crimes and punishments at Joint Base San Antonio

The Joint Base San Antonio Judge Advocate General completed four Air Force courts-martial during October. The results of a court-martial are not final until the clemency and/or appeals process is completed

All courts-martial are open to the public and upcoming courts-martial can be viewed at the U.S. Air Force Judge Advocate General's website at http://www.afjag.af.mil/docket/index.asp.

Airman 1st Class Luis F. Santos of the 959th Inpatient Operations Squadron was found guilty by a military judge of two specifications of sexual assault in violation of Article 120 of the Uniform Code of Military Justice. He was sentenced to a dishonorable discharge, reduction to E-1, total forfeitures of pay and 18 months confinement.

Capt. Jorge O. Pagan from Air Force ROTC Det. 840 pled guilty with a pre-trial agreement and a general court-martial of eight officers sentenced him to a dismissal, 30 days confinement and a reprimand, for two violations of Article 92, UCMJ. The Article 92 violations were for inappropriate relationships with female cadets.

Airman Jelani Connell and Airman Basic Micah Boszeman were each acquitted of all charges faced at general court-martial for alleged violations of Article 120 and 128 of the UCMJ.

During the month of October, JBSA Air Force commanders administered 13 non-judicial punishment actions under Article 15 of the UCMJ.

The punishments imposed reflect the commander's determination of an appropriate punishment after considering the circumstances of the offense and the offender's record. A suspended punishment does not take effect unless the offender engages in additional misconduct or fails to satisfy the conditions of the suspension. The suspension period usually lasts for six months unless a lesser amount is specified.

False Official Statement (fitness score card): An officer forfeited \$2,609 pay per month for two months, with one month suspended and a reprimand.

**Dereliction of duty:** An airman first class consumed alcohol while under the age of 21. For this misconduct, the member received a reduction to the grade airman, forfeiture of \$404 pay and a reprimand.

Failure to go/disrespect towards an NCO: A senior airman failed to go at the time prescribed to his appointed place of duty. Additionally, the member displayed disrespect towards an NCO as he approached the NCO until he was face-to-face and raised his voice at the NCO. The member received a reduction to the grade of airman first class and a reprimand.

Wrongful use of marijuana: A senior airman tested positive for marijuana during a unit sweep. The member received a reduction to the grade of airman first class, forfeitures of \$1,027 for two months with one month suspended and a reprimand.

**Drunk and disorderly:** A master sergeant who was a member of a medical training team on temporary duty to Ashgabat, Turkmenistan, over consumed alcohol and became drunk and disorderly in the team hotel. Punishment consisted of a suspended reduction to the grade of technical sergeant, forfeiture of \$1,836 per month for two months and a reprimand.

Underage consumption of alcohol: An airman first class consumed alcohol while underage at a bar. Punishment consisted of a suspended reduction to the grade of airman, forfeiture of \$500 pay and a reprimand.

**Dereliction of duty:** An airman was found vaping in his dormitory. The member received a reduction to the grade of airman basic, forfeiture of \$773 pay for two months with one month suspended and a reprimand.

False official statement: An airman first class made a false official statement to an Air Force Office of Special Investigations special agent regarding the facts surrounding an official investigation. The member received a reduction to the grade of airman and a reprimand.

Wrongful use of marijuana: An airman first class tested positive for marijuana on a Bickel test at a level higher than she initially tested during a unit sweep. The member received a 21 days extra duty and a reprimand.

(Source: Joint Base San Antonio Judge Advocate General)

## JBSA, Bexar County firefighters build joint knowledge base, support relationships

Story and photo by Senior Airman Alexandria Slade
JBSA-Randolph Public Affairs

Firefighters from Joint Base San Antonio-Fort Sam Houston, JBSA-Lackland and JBSA-Randolph, and Bexar County joined to review basic firefighting techniques and build support relationships during a joint training Nov. 16-18 at JBSA-Fort Sam Houston.

The training covered multiple basic firefighting techniques including ladder rescue, emergency medicine, search and rescue and how to quickly suppress and extinguish a house fire.

"Bringing JBSA and local firefighters together for training like this better prepares us to work as one team against real world emergencies in the future," Scott Ridenour, 502nd Civil Engineer Squadron assistant chief of training, said. "Joint training is an opportunity to share resources and skill sets, understand each other's environments and to build bonds and better communication within JBSA and with local community fire departments."

The training began when a fire was lit in a designated training room within the building using materials similar to what would burn in most homes, including straw, wood pallets and excelsior. This combination



502nd Civil Engineer Squadron firefighters start a training fire Nov. 17, at the Joint Base San Antonio-Fort Sam Houston burn building. Firefighters from JBSA-Randolph, JBSA-Lackland, JBSA-Fort Sam Houston and Bexar County combined to review basic firefighting techniques.

produces a copy of the dangerous heat and smoke that firefighters would face from a real house fire.

To make training sessions more realistic, JBSA fire training facilities are at least two stories high with maneuverable rooms. While also focusing on the most efficient route for a fire hose, searching for injured individuals and keeping their team safe, training firefighters are unable to memorize their route through the "home"

"We have a constant stream of new firefighters at my station that will benefit from the training I'm receiving over these three days," Paul Espinoza, Bexar County firefighter and emergency medical technician, said. "There are a lot of different techniques I've learned for rescue and fighting structural fires and I've made great connections with the military firefighters here."

For one of the newest JBSA firefighters, this training combined his willingness to learn and senior firefighter's ability to pass on years of expertise.

"I've only been in for a year, and it's been helpful during this training to be able to draw from the knowledge of people who have done firefighting as a career," Airman Evan Nares, JBSA-Randolph firefighter, said. "Having this knowledge can save lives. I'll be able to fall back on it when I'm in a real world emergency."

The basic firefighting techniques training is one of several held this year by 502nd CES firefighters, along with aircraft familiarization training, flash flood rescue, wildfire and vehicle extraction scenarios.

#### Congratulations to the 2015 AETC Safety Award Recipients from Joint Base San Antonio-Lackland

**AETC Weapons Safety Manager of the Year:** Tech. Sgt. John Jackson, 502nd Air Base Wing

**AETC Ground Safety Technician of the Year:** Tech. Sgt. Antonio Williams, 37th Training Wing

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for their approved ideas.

One approved idea earns a certificate and time off award of two hours. Three approved ideas or more than \$5,000 saved earns a certificate, a coin from the 502nd ABW commander and a time off award of four hours. Five approved ideas or more than \$10,000 saved earns a certificate and time off award of eight hours.

Visit the "JBSA Makes Cent\$" website at http://www.jbsa. mil/Resources/JBSAMakesCent\$.aspx to learn more about what is going on around the command, and to submit ideas.

#### AIR FORCE SELECTS 111 FOR ROTC DETACHMENT COMMAND

The Air Force identified 111 lieutenant colonels and lieutenant colonel-selects as candidates for Air Force Reserve Officer Training Corps detachment command.

To see the commander candidate selection list, visit the officer assignment page at https://mypers.af.mil.

For more information about Air Force personnel programs visit the myPers website. Individuals who do not have a myPers account can request one by following these instructions at http://www.retirees.af.mil.

## 2015 Holiday Shipping Deadlines

To ensure that holiday mail and packages are delivered in time for Christmas, the U.S. Postal Service recommends customers observe the following mailing and shipping dead lines:

- December 1 First-Class Mail International®
- December 1 Priority Mail International®
- December 8 Priority Mail Express International®
- December 15 − Standard Post<sup>TM</sup>
- December 19 Global Express Guaranteed®
- December 19 First-Class Mail®
- December 21 Priority Mail®
- December 23 Priority MailExpress®

The dates listed above are the earliest deadlines for international and military mail.

"Priority Mail Express postage refund eligibility is adjusted for shipments mailed Dec. 22-25.



For more information, call the Joint Base San Antonio-Lackland post office location at 671-0952.

# 2016 Federal Employees Health Benefits open season effective through Dec. 14



**By Janis El Shabazz**Air Force Personnel Center Public Affairs

The 2016 open season for the Federal Employees Health Benefits Program, the Federal Employees Dental and Vision Insurance Program and the Federal Flexible Spending Accounts Program runs through Dec. 14.

During open season, employees and retirees will have the chance

to review their current plans and make any changes they desire. For the first time, plan participants may now choose a "self plus one" option.

The self plus one option allows enrollees to cover themselves and one eligible family member. Eligibility for the self plus one option is the same as for the self and family enrollment. Eligible family members include spouses and children under age 26; however, a child with a mental or physical disability that existed before age 26 is also eligible for enrollment as a family member.

"In many cases plan participants will see a savings in choosing self plus one coverage over self and family coverage, but that is not true in all cases," said Erica Cathro, Air Force Personnel Center human resources specialist. "The formula

used to calculate the government contribution is based on the average of all plan premiums and requires that the Office of Personnel Management calculate a maximum contribution for each enrollment type.

"If a plan's premium costs exceed the government's allotted contribution for a self only, self plus one, or self and family enrollment, the employee must pay the remaining amount."

Cathro cautioned employees to pay close attention and compare the rates for FEHB self plus one versus self and family before making their coverage election for 2016.

The OPM will open a "special enrollment period" in the month of February to allow active FEHB participants who would have been better served switching to self plus one coverage more time to make the change.

Some plans are leaving the FEHB program at the end of 2015 or reducing their service areas and terminating their enrollment codes. Employees in the terminating plans must enroll in another health plan to ensure they have health benefits for 2016.

Health care and limited expense flexible spending accounts will no longer have a grace period. Qualifying participants will now be able to carryover up to \$500 of unused funds. To be eligible for carryover, participants must have enrolled during open season or as a new hire during the year and must meet the following requirements:

- Be actively employed by a FSAFEDS participating agency and contributing to a FSA account through Dec. 31.
- Re-enroll for the next benefit period. If the employee does not re-enroll, the right to carryover funds will be forfeited.

Dependent care FSAs will continue to have a grace period each year and are not eligible to carryover funds from one year to the next.

There are no significant changes to the Federal Employee Dental and Vision Insurance Program.

Employees can make health benefits elections through the Employee Benefits Information System, which can be accessed through the "Civilian Employee" homepage of the myPers website at https://mypers.af.mil/.

For more information about Air Force personnel programs, go to the myPers website. Individuals who do not have a myPers account can request one by following the instructions on the Air Force Retirees Services website at http://www.retirees.af.mil/mypers/index.asp.

# Warrior Care Month shines spotlight on achievements of wounded, ill and injured service members

By Tim Pearce

DOD Office of Warrior Care Policy, Wounded Warriors

Many professionals working in the Department of Defense make it their year-round mission to ensure exceptional care is provided to wounded, ill and injured service members.

However, November is an especially important time for those working in the field of warrior care. In 2008, November was officially designated as Warrior Care Month; a month dedicated to honoring the courage, resilience and accomplishments of wounded, ill and injured service members, their families and their caregivers.

This year's Warrior Care Month theme is "Show of Strength."

"The theme 'Show of Strength' is about recognizing the mental and physical resilience consistently

demonstrated by our wounded, ill and injured service members, as well as acknowledging the critical support provided by families and caregivers," said James Rodriguez, Defense for Warrior Care Policy deputy assistant secretary. "Show of Strength also underscores the DOD's ongoing commitment to policy, programs and resources that enable wounded, ill and injured service members to thrive as they embrace a new normal."

Throughout November, the DOD and the military services will sponsor events and activities to increase awareness of the significant achievements and milestones that often occur during the recovery, rehabilitation and reintegration or transition process.

These events and activities include a sitting volleyball tournament, a wheelchair rugby exhibition,

a healing arts recognition event, a Facebook Town Hall and a blog series focused on military caregivers. According to Rodriguez, highlighting adaptive sports – sitting volleyball and wheelchair rugby –demonstrates the DOD's broad focus on identifying and enhancing abilities after a wound, injury or illness occurs.

"Adaptive sports and reconditioning activities, such as healing arts which includes painting, ceramics, music therapy and expressive writing therapy are an essential way of understanding what each wounded, ill and injured service member is able to achieve – focusing on ability rather than disability," Rodriguez said.

Although the DOD has seen a steady decrease in the total population of wounded, ill and injured service members since 2007, prompting some questions about the future



of warrior care, Rodriguez stated warrior care remains a top priority.

"While the case management needs of the wounded, ill and injured population are changing, policy, process and baseline capability will not," Rodriguez said. "The Defense Department continuously evaluates the needs of the wounded warrior programs to ensure an exceptional level of care is provided to the current and future population of wounded, ill and injured service members."

For more information about Warrior Care Month, visit http://www.defense.gov/warriorcaremonth



## Monthly Events

#### Bowling center closes Christmas Day

## Nightlife is full of fun at the club

#### **Arts and Crafts**

#### Special memories deserve custom frames

Frame holiday memories or create a gift with help from the JBSA-Lackland Frame Shop. Framing professionals are ready to help make the best selections for art, photos, prints and more. For more information, call 671-5503.

Experts at the JBSA-Randolph Community Services Mall, building 895, are available to help create the perfect custom frame for certificates, artwork or photographs. The Frame Shop matches any off-base price on a comparable custom framing job and there is no sales tax. For more information, call 652-5142.

Bowling

#### The Bowling Center has gifts for everyone

Stop by the JBSA-Randolph Bowling Center Pro Shop for a 10-25 percent discount on selected balls, bags and shoes now through Dec. 23. For more information, call 652-6271.

#### Santa and the Grinch join in holiday bowling

Visit the JBSA-Randolph Bowling Center for pictures with Santa and the Grinch Dec. 12, 9 a.m., and bowl with them 10 a.m. to 1 p.m. Cost is \$10 per child and includes two games of bowling, rental shoes, refreshments, a goodie bag and photos. For more information, call 652-6271.

The JBSA-Lackland Bowling Center offers youth, 12 years and younger, an opportunity to meet the Grinch, bowl and enjoy light refreshments Dec. 19, 1-3 p.m. Cost is \$5 per child. For more information, call 671-1234.

#### Holidays bring about bowling special

Bowl at the JBSA-Randolph Bowling Center Dec. 21-24, 10 a.m. to 4 p.m., for \$2.50 per game, per person. Shoe rental is \$2.50. For more information, call 652-6271.

#### Bowling is unlimited

Enjoy an early present from the JBSA-Fort Sam Houston Bowling Center Dec. 23, 2-10 p.m. Pay \$20 per lane for unlimited bowling with rental shoes included. For more information, call 221-4740.

#### Discounts are offered before and after Christmas

The JBSA-Randolph Bowling Center offers a discount bowling special Dec. 24, noon to 4 p.m. Bowl for \$1.50 per game, per person with a \$2.50 shoe rental or purchase the rent-a-lane special for two hours of bowling, a 16-ounce soda for each group member and a large pizza for \$40. This special does not include rental shoes.

The JBSA-Randolph Bowling Center holds open bowling Dec. 26, 1-5 p.m. Cost is \$2.50 per game, per person and rental shoes are \$2.50. For more information, call 652-6271.

The JBSA-Randolph Bowling Center is closed Dec. 25. For more information, call 652-6271

#### Bowlers compete in tournament

The JBSA-Randolph Bowling Center hosts the Military Bowling Championship Tune-up Tournament Dec. 28, 7 p.m. This is a four-game scratch singles format and cost is \$50. Prizes are given to first-, second- and third-place winners. For more information, call 652-6271.

#### New Year's Eve is celebrated at the Bowling Center

Enjoy open bowling at the JBSA-Randolph Bowling Center Dec. 31, 10 a.m. to 6 p.m. Cost is \$2.50 per game, per person and rental shoes are \$2.50.

Celebrate New Year's Eve at the JBSA-Randolph Bowling Center Dec. 31, 8 p.m., with an adults-only party. Participate in three games of Colorama Bowling with cash prizes. Cost is \$30 per person and includes a complimentary glass of champagne to toast in 2016. Breakfast is served afterwards. Reservations are accepted beginning Dec. 1. For more information, call 652-6271.

#### Bowling balls are detoxed for a better game

Resurrect bowling balls at the JBSA-Lackland Bowling Center Pro Shop with the detox machine. Avoid the cost of a new ball by removing oil from deep in the surface using warm water, a mild cleaning agent and high-energy bubbles. Cost is \$20 per ball. For more information, call 671-1234.

#### Clubs

#### Music and food is offered during deck night

Stop by the JBSA-Randolph Parr Club for Deck Night Dec. 3, 5-8 p.m. Enjoy food and live music. The bar is available 4:30-8 p.m. and the buffet is open 5-7 p.m. Cost is \$8 for members, \$13 for nonmembers and \$6.50 for children 6-12 years. Coupons are not accepted. For more information, call 658-7445.

#### The chef prepares specials for every palate

The JBSA-Lackland Gateway Club chef creates a special evening dining experience in the Mesquite Dining Room, 5-8 p.m. The Dec. 4 menu features bacon-wrapped filet mignon with port wine sauce, sautéed jumbo shrimp, Duchess potatoes, broccoli and cauliflower florets and a house salad. The Dec. 11 menu features prime rib au jus, twice-baked potatoes, asparagus spears with red peppers and house salad. The Dec. 18 menu includes a porterhouse steak with mushrooms and onions, baked potato, grilled corn on the cob and a house salad. Cost is \$16.95 for members and \$18.95 for nonmembers. For more information, call 645-7034.

The JBSA-Lackland Gateway Club hosts First Friday in the Maverick Lounge Dec. 4, 5-8 p.m., with Doggin' Dave Productions. Enjoy bar food, cold drinks, good friends and great music. Variety Nights are held in the Lone Star Lounge Dec. 4 and 11, 5 p.m. to 1 a.m., with DJ J Rock and Dec. 5 and 18, 6-11 p.m., with DJ LJU. For more information, call 645-7034.

December

#### Fly-in turns old school

Join old school camaraderie at the JBSA-Randolph Parr Club Auger Inn Dec. 4 and 18, 5 p.m., with free refreshments and a live band. For more information, call 652-4864.

#### Club hosts bingo events

The JBSA-Randolph Kendrick Club holds kiddie bingo with Santa Dec. 6, 11 a.m. to 12:30 p.m. Children 12 years and younger play five games of bingo for free and can win door prizes. There is a complimentary buffet for children and adults may order from the Gil's Pub grill menu.

The JBSA-Randolph Kendrick Club hosts a bingo extravaganza Dec. 7 with \$15,000 in total jackpots, a free buffet at 5 p.m. and Early Bird Bingo at 6 p.m.

Celebrate December birthdays with bingo at the JBSA-Randolph Kendrick Club Dec. 8. Birthday members get one free machine, cake and lots of fun. This is for Randolph club members only. ID and club card required.

Bingo players are appreciated Dec. 17, 5 p.m., at the JBSA-Randolph Kendrick Club. The evening includes a complimentary dinner with a 6-ounce prime rib, two crab legs, baked potato, vegetables, green salad mix and an assortment of desserts. Door prizes are drawn throughout the night and participants must have an active club card, proof of bingo card purchase or a ticket to receive a meal.

The JBSA-Randolph Kendrick Club hosts a Super Holiday Extravaganza Dec. 21 with \$20,000 in jackpots and a complimentary buffet at 4:30 p.m. Early bird bingo begins at 6 p.m.

Participate in New Year's Eve bingo Dec. 31, 3 p.m. at the JBSA-Randolph Kendrick Club. Enjoy complimentary champagne and a dessert bar. Players must show purchase receipt to participate. For more information, call 652-3056.

#### December birthdays are celebrated with food

Celebrate December birthdays with a buffet at the JBSA-Randolph Parr Club Dec. 8, 4:30-7:30 p.m. The buffet includes salad, two vegetables, two starches, two entrées, soup and birthday cake. This is free for birthday members. Cost is \$11.95 for members, \$5.95 for members' children, 6-12 years, \$13.95 for nonmembers and \$7.95 for nonmembers' children, 6-12 years. Children 5 years and younger eat for free. For more information, call 652-4864.

## **JBSAFSS**

#### Santa visits for brunch

Meet Santa at the JBSA-Randolph Parr Club for brunch Dec. 13, 10 a.m. to 1 p.m. Children can take photos with Santa and receive a candy cane while Santa listens to Christmas wishes. All children are invited to enter for prize drawings. For more information, call 658-7445.

#### Guests mix and mingle during the holidays

Celebrate the holidays with drink specials, music and a possible visit from Santa at the JBSA-Randolph Kendrick Club Christmas Mixx Dec. 18, 5 p.m. Office gift exchanges may also be held here. For more information, call 652-3056.

#### Holiday meals are prepared by the club

Save time during the holidays by taking advantage of the JBSA-Lackland Gateway Club's holiday meals-to-go now through Dec. 19. A 12-14 pound roast turkey costs \$45 for members and \$50 for nonmembers. A 9-11 pound glazed Virginia pit ham costs \$50 for members and \$55 for nonmembers. Meals include cornbread stuffing, whipped potatoes, gravy, sweet potatoes, corn, green beans, cranberry sauce and apple pie. Cost for the turkey meal is \$75 for members and \$80 for nonmembers. Cost for the ham meal is \$85 for members and \$90 for nonmembers. Orders must be placed two days before pickup. Cost for preheated meals is \$15 and requests must be made when the order is placed. The last day to order is Dec. 17 and the last day to pick up is Dec. 19. Coupon are not accepted. For more information, call 645-7034.

#### The club welcomes a new year

Celebrate New Year's Eve at the JBSA-Lackland Gateway Club Lone Star Lounge Dec. 31, 8 p.m. to 1 a.m. DJ DeeDee entertains with music and karaoke while guests spend time with friends and enjoy food from the bar menu. Doors open at 7 p.m. For more information, call 645-7034.

#### Community Programs

#### Families are invited to holiday tree lighting ceremonies

Attend the JBSA-Lackland annual tree-lighting ceremony Dec. 1, 6 p.m., at the Gateway Club main entrance. Enjoy entertainment while Santa visits with children. For more information, call 925-9914.

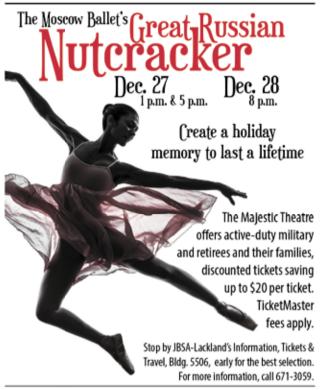
The JBSA-Fort Sam Houston tree-lighting ceremony is held Dec. 2, 6 p.m., at the flag pole on Stanley Road. Festivities include cookies, crafts, hay rides, a visit from Santa and the Grinch, real snow with a slide and music. This event is sponsored by THE GUNN AUTOMOTIVE GROUP and Starbucks\*. No federal endorsement of sponsors intended. For more information, call 652-5763.

The JBSA-Randolph annual tree-lighting ceremony is held at Washington Circle Dec. 3, 6 p.m. Entertainment and light refreshments are provided and Santa visits with children at the Taj Mahal. Washington Circle traffic is rerouted beginning at 4 p.m. This event is sponsored by First Command. No federal endorsement of sponsor intended. For more information, call 652-4931.

#### **Fitness**

#### Zumba® lovers dance off calories

Burn calories at the Fitness Center on the Medical Education and Training Campus located on JBSA-Fort



Sam Houston Dec. 5, 10:30 a.m. to 12:30 p.m., with Zumba<sup>a</sup> Fest. Department of Defense ID cardholders workout for two hours of Latin-inspired dance with an array of instructors. Cost is \$10 and participants receive a T-shirt and refreshments. For more information, call 808-5713.

#### Bikers stay in shape with holiday bike ride

All Department of Defense ID cardholders can join in a 10-mile bike ride with the JBSA-Randolph Rambler Fitness Center Dec. 5, 8 a.m., at Eberle Park. This event is sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. For more information, call 652-7263.

#### Indoor marathon encourages self-improvement

The JBSA-Randolph Rambler Fitness Center hosts an indoor marathon Dec. 7-11 during normal business hours. This self-monitored program is based on the honor system and participants complete 26.2 miles running or walking within one business week. Participants may pick up a card to track progress at the front desk. This program is open to Department of Defense ID cardholders. For more information, call 652-7263.

#### Basketball challenge adds to the holidays

Join the JBSA-Lackland Warhawk Fitness Center Dec. 11, 6 p.m., for the Holiday Basketball Challenge. Challenges include a three-on-three tournament, a threepoint contest, a youth shootout and a shooting stars challenge. For more information, call 671-2016.

#### Train to save

The JBSA-Lackland Skylark Aquatic Center offers a lifeguard certification course Dec. 19-22. Cost is \$160 per student, 15 years and older. The course is a total of 32 hours and students must be able to pass a prerequisite swim test.

The JBSA-Lackland Aquatic Center has a heated indoor pool for lap swimming Monday, noon to 1 p.m. and Tuesday - Friday, 11 a.m. to 1 p.m. Open swim is Monday - Friday, 4 p.m. to 7 p.m. and Saturday, 12:30-4:40 p.m. Swim lessons for youth 3 years and older and for adults are available. For more information, call 671-3780.

#### Fitness runs into the new year

All Department of Defense ID cardholders are invited to participate in the JBSA-Fort Sam Houston New Year's Eve 5K run or walk at midnight Dec. 31. The event begins at the Jimmy Brought Fitness Center and refreshments are available afterwards. For more information, call 221-1234.

#### Golf

#### Golfers compete in a scramble

Golfers are invited to play in the monthly JBSA-Fort Sam Houston Golf Course Warrior Four-Person Scramble Dec. 4 with a 12:30 p.m. shotgun start. Cost is \$25 for members, \$35 for nonmembers and includes 18 holes of golf, green fees, golf cart, dinner and gift certificates for the winners of longest drive and closest to the pin. The first-, second- and third-place winners also receive gift certificates. For more information, call 222-9386.

#### Golf course sets holiday hours

Mulligan's Grill at the JBSA-Randolph Oaks Golf Course is closed Dec. 24. The Pro Shop and Golf Course is open Dec. 24 and the entire facility is closed Dec. 25. For more information, call 652-4653.



#### Junior golfers take holiday golf lessons

The JBSA-Randolph Oaks Golf Course holds junior holiday golf classes Dec. 26-30. Children 8-11 years meet 10:30 a.m. to noon each day. Children 12-15 years meet 1-2:30 p.m. each day. Classes are limited to 10 golfers, cost is \$40 per child and each class is lead by a Professional Golfers' Association teaching professional. For more information, call 244-3415.

#### Information, Tickets and Travel

#### Theme park fun is ongoing

JBSA-Randolph Information, Tickets and Travel, located in the Community Services Mall, building 895, has daily passes to SeaWorld<sup>®</sup>. Adult passes are \$60 and passes are \$50 for children 3-9 years. The park is open weekends through Dec. 31 and the Waves of Honor<sup>™</sup> promotion is offered to active-duty military and ends Dec. 31.

JBSA-Randolph ITT also has discount passes to Six Flags\*, open weekends to Jan. 3, 2016. For more information, call 652-5142.

#### Valentine's Day is celebrated with a cruise

Take a cruise to the western Caribbean Feb. 13-18, 2016. JBSA-Lackland Information, Tickets and Travel offers a five-day Carnival Cruise sailing from Galveston, Texas to Progreso and Cozumel. Rates start at \$394 per person for an inside cabin, \$444 per person for an ocean view and \$574 per person for a room with a balcony. Gratuities are not included. A \$50 per person deposit and a \$10 service fee are due at booking. Final payment is due Dec. 11. For more information, call 671-3059.

#### Disney is waiting

Stop by the JBSA-Lackland Information, Tickets and Travel for Disney tickets. The special admission ticket for active-duty military and retirees has been extended until Dec. 17. The limit of tickets that can be purchased has increased from six to 12 per military member or retiree. Military members must accompany the group to the gate to activate the tickets. Tickets are \$175.50 for a four-day park hopper with four additional days for Disney water parks and Disney Quest for \$250.50. The additional four day admissions must be used within 13 days of the original tickets. The JBSA-Lackland ITT also carries three-day park hopper admission tickets for \$130. For more information, call 671-3059.

#### Discount tickets for holiday show available

The Majestic Theatre offers active-duty military, retirees and their families discounted tickets to see the Moscow Ballet's Great Russian Nutcracker. Stop by JBSA-Lackland's Information, Tickets and Travel early for the best selection. Tickets are available for Dec. 27, 1 p.m. and 5 p.m. and Dec. 28, 8 p.m. All ages feel the spirit of the season as the renowned, award-winning dancers thrill the audience with stunning leaps, turns and drops. Ticketmaster\* fees apply. For more information, call 671-3059.

#### Spurs tickets available

The JBSA-Lackland Information, Tickets and Travel has discounted Spurs tickets with no Ticketmaster® fees. Come into the office or get the ITT discount online at www.spurs.com/lacklanditt. Use the promotion code: LACKLAND. For more information, call 671-3059.

#### Library

#### Family roots run deep

Participate in the JBSA-Lackland Library genealogical research workshop Dec. 13, 2 p.m. Receive an introduction to online tools, learn search techniques and discover websites available through the Bibliotech Digital Library that aid in locating ancestors. Registration is not required. For more information, call 671-2673.



#### JBSA libraries put on special holiday story time

Enjoy a holiday story or two plus an activity at the JBSA libraries. Holiday story time is hosted at the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library, Dec. 13, 2 p.m. The JBSA-Lackland Library holds holiday story time Dec. 15, 10 a.m., and the JBSA-Randolph Library celebrates the holidays with story time Dec. 16, 10 a.m. No registration is required. For more information, call the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library at 221-4702; the JBSA-Lackland Library at 671-2673 and the JBSA-Randolph Library at 652-5578.

#### Military & Family Readiness

#### Computer skills are enhanced during training

Review the latest version of Microsoft PowerPoint, Excel and Word at the JBSA-Fort Sam Houston Military & Family Readiness Center. Microsoft PowerPoint level 1 is Dec. 1 and level two is Dec. 3. Microsoft Excel is Dec. 8. Microsoft Word level 1 is Dec. 15 and level 2 is Dec. 17. Classes are 8 a.m. to noon and are open to all Department of Defense ID cardholders. For more information, call 221-2380.

#### Workshop teaches how to understand savings plan

Learn the major functions, investment options and more about the Thrift Savings Plan at the JBSA-Fort Sam Houston Military & Family Readiness Center, Dec. 2, 9:30-10:30 a.m. For more information, call 221-2380.

#### Participants learn tips for purchasing a new or used car

Join the JBSA-Lackland Military & Family Readiness Center Dec. 3, 1-2:30 p.m., for tips to help avoid classic sales traps and pitfalls associated with purchasing a car. For more information, call 671-3722.

#### Parents prepare for a new baby

Participate in the Bundles for Babies workshop at the JBSA-Randolph Military & Family Readiness Center Dec. 4, 8:30 a.m. to 12:15 p.m., or at the JBSA-Lackland M&FRC Dec. 9, 1-4:30 p.m. Active-duty expecting parents receive information on financial planning, support groups and parenting skills. For more information, call the JBSA-Randolph M&FRC at 652-5321 or the JBSA-Lackland M&FRC at 671-3722.

#### Fortune 500 companies to hire military patrons

Service members, veterans and military spouses prepare for a transition summit and hiring fair Dec. 9, 4 p.m. and Dec. 10, 9:30 a.m. at the JBSA-Fort Sam Houston Community Center. The two-day workshop features informative and interactive panel events, recruiter training, focused discussions on improving competitive employment, and a networking reception. To register visit http://www.hiringourheroes.org. For more information, call 221-2705.

#### Workshop focuses on the interview process

Participate in the Interviewing Skills workshop at the JBSA-Randolph Military & Family Readiness Center Dec. 10, 10 a.m. to noon, or the Interview and Dress for Success workshop at the JBSA-Fort Sam Houston M&FRC Dec. 16, 9-11 a.m. These workshops focus on the importance of preparation, how to research prospective employers, how to discover ways to make a connection during an interview and how to answer questions during an interview. For more information, call the JBSA-Randolph M&FRC at 652-5321 and the JBSA-Fort Sam Houston M&FRC at 221-2380.

#### Army Family Team Building has a birthday celebration

The JBSA-Fort Sam Houston Military & Family Readiness Center celebrates the establishment of the Army Family Team Building program Dec. 10, 10:30 a.m. Army Family Team Building is a family training and readiness program that provides participants with a better understanding of the military culture, as well as the skills and resources needed to become resilient, self-sufficient and self-reliant. For more information, call 221-2705.

#### Single parents connect

The JBSA-Randolph Military & Family Readiness Center hosts a brown-bag forum Dec. 17, noon to 1 p.m., to bring single parents together and share helpful resources and ways to overcome challenges. Focus on stress The content and layout in the Force Support Squadron section of this newspaper was provided by the Joint Base San Antonio FSS Marketing Team. No federal endorsement of sponsors intended.

-JBSAFSS

management relaxation techniques followed by an open discussion. Registration is not required. For more information, call 652-5321.

#### Families attend a sensory-friendly movie

The Exceptional Family Members Program and the Family Life Program invite JBSA families to a sensory-friendly showing of "Author's Christmas," Dec. 21, 1-3 p.m., at the JBSA-Fort Sam Houston Military & Family Readiness Center. For more information, call 221-2705.

#### Facilities close for the holidays

All JBSA Military & Family Readiness Centers are closed Dec. 24-25 and Dec. 31 for the holidays.

The JBSA-Fort Sam Houston M&FRC is closed on the first and third Thursday of each month, 1-4 p.m., for inservice training.

The JBSA-Lackland M&FRC is closed on the first and third Thursday of each month, 2-4 p.m., for in-service training. For more information, call the JBSA-Fort Sam Houston M&FRC at 221-2418, the JBSA-Lackland M&FRC at 671-3722 and the JBSA-Randolph M&FRC at 652-5321.

#### Deployment briefing changes schedule

Beginning January 2016, the JBSA-Fort Sam Houston Military & Family Readiness Center offers briefings for post-deployment Wednesday, 1-3 p.m. Pre-deployment briefings are 9-11 a.m. the first and third Thursday of each month and 1-3 p.m. the second, fourth and fifth Thursday. For more information, call 221-2418.

#### **Outdoor Recreation**

#### Concealed handgun license class offered

The JBSA-Camp Bullis Rod-N-Gun Recreation Center provides concealed handgun license classes Dec. 5 and 12. 8 a.m. to 1 p.m. Successful completion of this class is required for a Texas CHL. Cost is \$65. Students must be 21 years and older or active-duty military 18 years and older to participate. This program is for Department of Defense ID cardholders only. For more information, call 363-2332.

#### Archery takes on another dimension

The JBSA-Camp Bullis Rod-N-Gun Recreation Center hosts a three-dimensional archery competition Dec. 19-20, 8 a.m. to 1 p.m. Registration is 8-10 a.m. and the course must be completed by 1 p.m. The fun shoot is \$15, the competition shoot is \$20 and children 12 years and younger participate for \$5. For more information, call 295-7529.

#### Boat rentals are half price

Rent any boat at the JBSA Recreation Park @ Canyon Lake for half price during December. Cost includes safety equipment; fuel is not included. Rentals are on a first-come, first-serve basis and completion of the Boater's Safety Course through the state of Texas, a JBSA Outdoor Recreation office or JBSA Recreation Park @ Canyon Lake is mandatory. For more information, call 830-226-5357.

The JBSA-Lackland Equipment Rental offers half-price weekend boat rentals through the end of February. Prices vary depending on the size and type of boat. Weekend check outs begin Friday, 8 a.m. to 3 p.m. and end Monday, 3 p.m. For more information, call 925-5533.

#### Cottages are discounted

Rent a cottage at the JBSA Recreation Park @ Canyon Lake for \$75 a night Monday through Thursday during the month of December. Cottages include three bedrooms with a queen-size bed in each room, a full bathroom, a full kitchen, a fully furnished living room with a television and a Blu-ray DVD player. Each cottage accommodates up to eight people and linens are provided. For more information, call 830-226-5357.

#### Youth and Children

#### Boys enjoy a night in

The JBSA-Lackland Youth Programs hosts the JBSA-Fort Sam Houston Passport to Manhood Lock-in Dec. 4, 9 p.m. to 7 a.m. This event is for boys in sixth grade and higher. Cost is \$15 per person and sign up is available through the JBSA-Fort Sam Houston Youth Center, building 1630, and the Middle School Teen Center, building 2515. For more information, call 221-3630.

#### Gifts are created at the Winter Craftapalooza

Youth 5 years and older are invited to the JBSA-Randolph Youth Programs Dec. 5, 11 a.m. to 2 p.m., for a day of creating holiday gifts. Cost is \$5 per child and sign up ends Dec. 2. For more information, call 652-3298.

#### Youth have a ball at the winter dance

Join the JBSA-Randolph Youth Programs for the Winter Ball Dec. 11, 6-9 p.m. This event is for youth 9-12 years and cost is \$3 for members and \$5 for nonmembers. Light snacks are provided. For more information, call 652-2088.

#### Parents get a break

JBSA-Lackland Youth Programs presents Give Parents A Break Dec. 12, 1-5 p.m. Parents drop off children 5-12 years at Youth Programs for activities, entertainment and snacks. Cost is \$25 per child with multiple child discounts or free with a GPAB referral. Preregistration is required. Parents with children 6 months to 5 years can call 671-3675 to make reservations. For more information, call 671-2388.

JBSA-Randolph Youth Programs hosts Give Parents a Break/Kids Adventure Night Dec. 12, 1-5 p.m. Registration is Dec. 1-9. This event is at the Child Development Programs Annex for children 2 years and younger and at Youth Programs for children 3 years and older. Cost is \$25 with a multiple-child discount and free for GPAB waiver holders. For more information, call 652-4946.

#### Youth programs available for free

Bring youth to participate in membership free week in celebration of Month of the Military Family Dec. 14-18 at the JBSA-Randolph Youth Programs. No membership is needed to participate in clubs, activities or open recreation. This program does not include instructional classes, league sports and School Age Programs. Regular membership is \$36 per year. For more information, call 652-3298.

#### Teens are locked in

The JBSA-Fort Sam Houston Youth Programs, building 1630, hosts a Teen Lock-In with lots of fun, food, sports and music Dec. 18, 9 p.m. to 7 a.m. Cost is \$10 per person or \$5 for current Keystone Club members. For more information, call 221-3502.

#### Youth join JBSA-Fort Sam Houston holiday camp

Registration for the JBSA-Fort Sam Houston Youth Programs holiday camp is ongoing and ends Dec. 9. Register youth at Parent Central, building 2530. Camp runs Dec. 23-24 and 28-31. Pre-registration is required and cost is based on total family income for participants in kindergarten to seventh grade. Cost for youth in eighth grade and higher is \$100 for the week or \$30 per day. For more information, call 221-4871.

#### Youth join JBSA-Lackland holiday camp

Parents working through the holidays are invited to enroll children 5 years and in kindergarten to 12 years, in the JBSA-Lackland School Age Programs for safe and fun activities Dec. 21-24. Deadline to register for camp is Dec. 7. Camps include field trips and are closed during observed holidays and have reduced hours on Air Education and Training Command Family Days.

JBSA-Lackland Youth Programs offers youth, 9-18 years, a chance to sharpen basketball skills at Holiday Basketball Camp Dec. 28-30, 8 a.m. to 3 p.m. Cost is \$50 per child with lunch included. The deadline to sign up is Dec. 14.

Sign up for the JBSA-Lackland Youth Programs Robotics and Photography Camp. Robotics camp runs Dec. 21-23 and sign up ends Dec. 7. Photography camp runs Dec. 28-30 and sign up ends Dec. 14. Both camps are 8 a.m. to 3 p.m. and cost is \$50 per child, per camp.

Sign ups for all holiday camps made after registration deadlines are subject to a \$15 late fee and availability. For more information, call 671-2388.

#### Youth join JBSA-Randolph holiday camp

Registration for the JBSA-Randolph Youth Programs holiday camp is ongoing and ends Dec. 11. Camp runs Dec. 21-23 and Dec. 28-29. This program is open to youth in kindergarten through sixth grade, 5-12 years. Placement is based on eligibility priority. Fees are based on total family income and all required paperwork must be on file. For more information, call 652-2088.

#### Artwork is displayed

The JBSA-Randolph Youth Programs hosts the Annual Boys and Girls Club National Fine Arts Exhibit Jan. 7-8. The deadline for submitting artwork is Dec. 18. For more information, call 652-2088.

## **STAY CONNECTED**

Stay current on Joint Base San Antonio 502d Force Support Squadron events, specials and daily activities.

http://www.myjbsa-fss-mwr.com





# 37th Training Group hosts drill competition

**By Senior Airman Krystal Wright**JBSA-Lackland Public Affairs

The 37th Training Group hosted a drill competition between three Joint Base San Antonio technical training schools Nov. 14 at JBSA-Lackland's Pfingston Reception Center.

Col. Thomas Sherman, 37th TRG commander, presided over the competition in which the 937th, 343rd and 344th Training Squadrons participated.

The 343rd TRS took top honors with 344th TRS coming in second place and 937th TRG third.

#### **Photos by Senior Airman Krystal Wright**

Col. Thomas Sheram, 37th Training Group commander, presents the drill team representing 343rd Training Squadron with the first place trophy following a drill competition Nov. 14 at Joint Base San Antonio-Lackland.



A drill team representing the 343rd Training Squadron performs drill maneuvers during a drill competition between Joint Base San Antonio technical schools Nov. 13 at JBSA-Lackland. The team won first place against two other teams representing 344th TRS and 937th Training Group.



A drill team representing the 937th Training Group performs drill maneuvers during a drill competition between Joint Base San Antonio technical schools Nov. 13 at JBSA-Lackland. The team came in third place against two other teams who represented 344th and 343rd Training Squadrons.



A drill team representing the 344th Training Squadron performs drill maneuvers during a drill competition between Joint Base San Antonio technical schools Nov. 13 at JBSA-Lackland. The team came in second place against two other teams representing 343rd TRS and 937th Training Group.



Members of the 331st Training Squadron perform a military working dog demonstration during a drill competition between Joint Base San Antonio technical schools Nov. 13 at JBSA-Lackland. They showcased MWDs' capabilities in detecting narcotics, subduing escaping suspects and protecting their handlers.



Students from the 344th Training Squadron perform drill maneuvers during a drill competition between Joint Base San Antonio technical schools Nov. 13 at JBSA-Lackland.



A drill team composed of students from the 937th Training Group competes in a drill competition against 344th Training Squadron and 343rd TRS Nov. 13 at Joint Base San Antonio-Lackland.

## community

### **LOCAL BRIEFS**

#### **TUESDAY**

#### JBSA-LACKLAND ANNUAL TREE LIGHTING

The annual tree lighting ceremony at Joint Base San Antonio-Lackland begins at 6 p.m. at the Gateway Club main entrance. In addition to entertainment, Santa will be there to visit with children.

#### **THURSDAY**

#### PROFESSIONAL DEVELOPMENT COURSES

The 59th Medical Wing Career Assistance Advisor, in association with the Gateway Performance System, is hosting two professional development courses. Understanding the enlisted promotion system, study techniques and resources will be at 8 a.m. and Leading, Coaching, mentoring and empowering effective team/members at 2 p.m. at Wilford Hall Innovation Center, Room 1C31. Register at https://cs3.eis.af.mil/sites/00-ED-AE-25/Pathways/Registration/Registration.aspx. Walk-ins are welcomed.

#### CAR BUYING CLASS

A car buying class is being held 11:30 a.m. to 12:30 p.m. at

the Military & Family Readiness Center. Knowing the facts, collecting the data and understanding the car purchasing process will help people control the overall car buying experience. Following certain steps and conducting a little research can save a person tens of thousands of dollars over the course of a lifetime. To register or for more information, call 671-3722.

#### DEC. 4

#### PROFESSIONAL DEVELOPMENT COURSES

Airmanship 101 will be taking place at 8 a.m. and the Airman Comprehensive Assessment Workshop is at 2 p.m. The 59th Medical Wing Career Assistance Advisor, in association with the Gateway Performance System, is hosting the professional development courses at the Innovation Center, room 1C31. Register at https://cs3.eis.af.mil/sites/00-ED-AE-25/Pathways/Registration/Registration.aspx. Walk-ins are welcomed.

#### DEC. 5

#### HOLIDAY IN BLUE

The U.S. Air Force Band of the West will be performing "Holiday in Blue" at 3 p.m. Dec. 5 and 7 p.m.

Dec. 7 at the Edgewood Theater, 402 Lance St. The performance is free and open to the public. Tickets are available at https://www.eventbrite.com/. Non-ticket holders will be admitted 15 minutes prior to the performance.

#### DEC. 7

## RETIRED OFFICERS' WIVES AND WIDOWS CLUB LUNCHEON

There will be a luncheon for the Retired Officers' Wives and Widows Club at the Fort Sam Houston Golf Club at 11 a.m. The SONSHINE SINGERS of the Trinity Baptist Church will present a program. Reservations are required by Dec. 3. For more information, call 822-6559.

#### DEC. 9

#### JBSA TRANSITION SUMMIT

A free hiring fair and transition summit for service members, veterans and military spouses is scheduled for Dec. 9-10 at the Joint Base San Antonio-Fort Sam Houston Community Center, 1395 Chaffee Road.

The event features federal and state agencies, local military and community leaders and innovators in the business community.

The two-day interactive summit also features panel events, recruiter training and facilitated discussions on improving competitive employment opportunities.

The first panel is at 4 p.m. Dec. 9, followed by a networking reception at 5:30 p.m. for employers, senior leaders and job seekers. At 9:30 a.m. Dec. 10, there are employment workshops for job seekers, followed by interactive forums and panels at 11 a.m. and the hiring fair/career forum at 1 p.m. Register at http://www.hiringourheroes.org.

#### **INFORMATIONAL**

#### FLU VACCINES AVAILABLE

Flu vaccines are available in the Wilford Hall Ambulatory Surgical Center atrium for patients 9 years of age and older.

The hours of service are Monday, Tuesday, Wednesday and Friday from 7:45 a.m. to 3:45 p.m. Vaccines are not available weekends, federal holidays or family down days. The pediatric vaccine for children 6 months to 8 years old is available in the primary care and immunizations clinics.

Active duty members can retrieve shot records for themselves and any

dependent under 16 at https://imr. afms.mil/imr/myimr.aspx.

For additional information, call 292-4278.

#### HOLIDAY SPORTS CAMP REGISTRATION

Youth, ages 9-18, can sharpen sport skills at a three-day sports camp that is from 8 a.m. to 3 p.m. To participate in the basketball camp Dec. 28-30, sign up by Dec. 14. The cost is \$50 per youth. Registrations after the initial due date will be subjected to a \$15 late fee and are de-

pendent on space available. Lunches are included. Call 671-2388.

#### HOLIDAY S.T.E.M. CAMP REGISTRATION

Youth, ages 9-18, are encouraged to take time to polish their math and science skills during the holidays. To participate in the Robotics Camp Dec. 21-23, sign up by Dec.7. For the photography Camp Dec. 28-30, sign up by Dec. 14. They are from 8 a.m. to 3 p.m.

The cost is \$50 per youth. Lunches are included. Registrations after the initial due date will be subjected to a \$15 late fee and are dependent on space available. call 671-2388.

#### CHAPEL SERVICES

#### -PROTESTANT WORSHIP SERVICES

Freedom Chapel - Building 1528

Contemporary Service Sun. 9:30 a.m. Religious Education Sun. 11:00 a.m.

Spanish Service Sun. 3:00 p.m.

LITURGICAL SERVICE

Gospel Service

<u>Airman Memorial Chapel - Building 5432</u>

Sun. 8:00 a.m

Sun. 12:30 p.m.

CHURCH OF CHRIST

New BMT Reception Center - Building 6330

Sun. 7:30 a.m. (Rm. 175)

SEVENTH - DAY ADVENTIST Gateway Chapel - Building 6300

Sat. 12:30 p.m.

CHRISTIAN SCIENCE

New BMT Reception Center - Building 6330

Sun. 7:30 a.m. (Rm. 112)

#### -ORTHODOX CHRISTIAN

<u>Airmen Memorial Chapel - Building 5432</u>

Sun. 9:30 a.m.

#### -WICCA

New BMT Reception Center - Building 6330 Sun. 9:00 - 11:00 (Auditorium)

Freedom Chapel - Building 1528

Wicca Open Circle 1st Tues. 6-7 p.m.

#### -REFUGE STUDENT CENTER

**Building 9122 (Tech Training & TDY Students)** 

 $\begin{tabular}{lll} Wednesday & 6-8 p.m. \\ Thursday & 6-8 p.m. \\ Friday 6-11 p.m. \\ Saturday & 12-9 p.m. \\ Sunday & 11-5 p.m. \\ \end{tabular}$ 

#### —JEWISH

<u>Airmen Memorial Chapel – Building 5432</u> Sabbath & Kiddush Fri. 4:30 p.m.

Religious Education Sun. 1:30 p.m.

#### -ROMAN CATHOLIC

Freedom Chapel - Building 1528

Religious Education Sun. 9:00 a.m. Mass Sat. 5:00 p.m. Sun. 11:00 a.m.

Reconciliation Sat. 4:00 – 4:45 p.m.

Daily Mass Mon., Tues. & Thur. 11:30 a.m. Note: Reconciliation(s) may be scheduled by appointment

#### -ISLAMIC

Global Ministry Center – Building 7452

Jumu'ah Prayer Fri. 1:30 p.m. – 2:30 p.m.

#### -BUDDIST

New BMT Reception Center – Building 6330 Sun. 10 a.m. (Rm. 175)

#### -ECKANKAR

<u>Gateway Chapel - Building 6300</u>

1st, 3rd, and 5th Saturdays 12:30 p.m.

#### —BAHA'I

Gateway Chapel – Building 6300

1st, 3rd, and 5th Sun. 11:00 a.m.

## —THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Gateway Chapel - Building 6300

Religious Education Tues. 6:30 p.m. LDS Institute Thurs. 6:30 p.m. LDS Service Sun. 1:00 p.m.

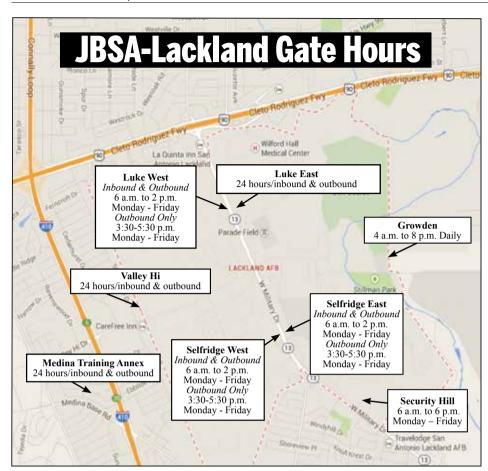
#### JBSA-LACKLAND

#### KEY FAMILY SUPPORT RESOURCES.

671-3722
671-3722
671-1780
844-4225
671-1058
671-2271
800-538-9552
671-3722
671-3376
671-3362
671-3610
916-9900
671-6006
925-5532
800-444-5445
671-3608

Enlisted Spouses' Club http://www.lacklandesc.org http://www.lacklandesc.org http://www.lacklandfss.com http://www.lacklandisd.net Officers' Spouses' Club JBSA Public website http://www.lacklandosc.org http://www.jbsa.mil My Air Force Life http://www.MyAirForceLife.com

For more details, contact Freedom Chapel - 671-4208 • Gateway Chapel - 671-2911



#### 502nd COMMANDER'S CALL



Photo by Johnny Saldivar

Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and Joint Base San Antonio commander, addresses a military and civilian audience during the 502nd ABW commander's call Nov. 16 at JBSA-Lackland's Pfingston Reception Center.



To advertise in the Talespinner, call 250-2440 for classifieds or contact
Michelle Bogue at 250-2052 for retail ads

## Reading connects troops, family members during deployments

By Claudette Roulo

DOD News, Defense Media Activity

No matter how far deployed service members are from their families, they still can take an active role in the care of their children, the military's top noncommissioned officer said in San Diego Nov. 14.

"United Through Reading has made it possible for every parent, teacher, mentor and leader in our all-volunteer force to instill a keen appetite for literacy and enable the empowerment and impact that reading brings to every kid," said Marine Corps Sgt. Maj. Bryan B. Battaglia, senior enlisted advisor to the chairman of the Joint Chiefs of Staff, in his keynote address at the organization's seventh annual Storybook Ball.

Reading should remain a priority for every parent, teacher and guardian, he said, and it's the job of every leader to encourage this attitude. Rearing America's youth is a "community affair," Battaglia said.

There is empirical evidence that reading aloud is the "single most important act for building early reading skills," said Sally Ann Zoll, United Through Reading chief executive officer.

The Battaglias have been involved with United Through Reading for nearly 30 years, the sergeant major said. His wife, Lisa, became a volunteer shortly after the organization formed – at a time when it was extremely difficult for families to remain in contact with their deployed service members, the sergeant major said.

"With the exception of letters, a sporadic short phone call from the USO pay phone or maybe a MARSgram, family connectivity was less hit and

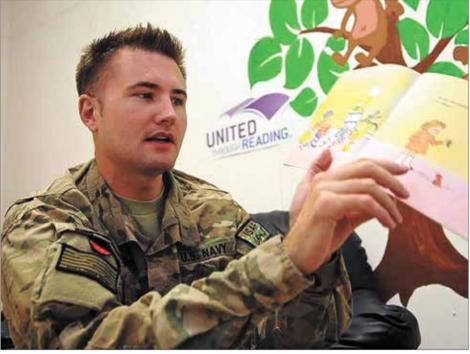


Photo by Chief Petty Officer Josh Ives

U.S. Navy Lt. j.g. Matthew Stroup, Provincial Reconstruction Team Farah public affairs officer, reads a book as part of a United Through Reading read-a-thon sponsored by the team on Forward Operating Base Farah, Afghanistan, Jan. 18, 2013. Participants in the program were encouraged to read to children in their families or to students at Birch Elementary in Idaho, to promote childhood literacy. United Through Reading is a non-profit organization that enables deployed service members to share their love and support with their children by reading books aloud on DVD.

more miss," Battaglia said.

While technology has made staying in touch easier, separations are still trying times for families – particularly those with children, the sergeant major said. And reunions can be just as trying, he added.

For many toddlers and young children, the returned parent is a "stranger in the household," Battaglia said.

Over the years, United Through

Reading has played a key role in making separations and homecomings a bit easier through their storybook reading program, the sergeant major said.

In 2014 alone, service members recorded more than 25,000 videos through United Through Reading at locations around the world – at sea and on six continents – according to Zoll.

Battaglia related the story of a soldier who deployed to Iraq in

2009, leaving behind his wife and two young boys.

A few months into his deployment, United Through Reading helped the soldier record a video of himself reading "Green Eggs and Ham." The organization sent a CD and two copies of the book to the soldier's family and the boys immediately reacted to the video as if their father was in the room reading to them, the sergeant major said.

Books and videos arrived every month for the duration of the soldier's deployment, and the happiness they provided went both ways, Battaglia said. The soldier's monthly visits to the USO tent to record the videos became a way for him to decompress from his hazardous job as an explosive ordnance technician, he said.

This is just one example of the tens of thousands of military families helped by United Through Reading, the sergeant major said. "Connecting families, educating, and raising the spirits of our military and families is what UTR does and it's what they are good at," Battaglia said.

The sergeant major told the audience that he is proud to call United Through Reading longstanding partners of the armed forces. "We all are grateful for your service to more than 100,000 beneficiaries and distributing more than 25,000 books to our military children," Battaglia said. "You have allowed our military families to stay more connected, more cohesive and more complete."



## LACKLAND GATEWAY THEATER SCHEDULE



#### Fridau

• 6 p.m. Rock the Kasbah (R)

#### Saturdan

• Noon Goosebumps Movie (PG)

• 3 p.m. The Martian (3D) (PG-13)

• 6 p.m. Rock the Kasbah (R)

#### Sunday

• **Noon** Bridge of Spies (PG-13)

• 3 p.m. Rock the Kasbah (R)

#### **Thursday**

• 4 p.m. Rock the Kasbah (R)

#### FRIDAY THROUGH THURSDAY

Movie Line: 671-3985 or View schedules at: https://www.shopmyexchange.com/reel-time-theatres/

#### Program Note

Locate the <u>Day of the Week</u> and <u>Date</u> and <u>Read</u> across for specific show times.

We have one movie screen, one movie per show time. Doors open 30 *minutes* prior to each show time.

## **U**PCOMING

#### FIRST STEPS BASKETBALL

Register youth, ages 3-5, for First Steps Basketball from 6 a.m. to 5:30 p.m. Dec. 7-11. The registration fee is \$35 per child and a sports physical and shot records are required at signup. The program is only open to the first 48 children, so early registration is advised. Parents are required to participate in the program sessions as an extension of the coach. A parent meeting will be held at 6 p.m. Jan. 7. The program will run Saturdays from Jan. 9 to Feb. 13 at various times. Call 671-2388 for more information.

## YOUTH CENTER HOSTS BASKETBALL CAMP

The Joint Base San Antonio-Lackland Youth Center will conduct a three-day basketball camp for children ages 9-18 Dec. 28-30. Registration is \$50 per youth, per camp. The deadline for registration is Dec. 14. Registration after the due date is subject to a \$15 late fee, and is dependent on availability. Call 671-2388 for more information.

#### **THREE-4-FIVE SPECIAL**

Bowl three games with shoes included for \$5 from 11 a.m. to 4 p.m. every Tuesday at the Skylark Bowling Center as part of the Three-4-Five special. Call 671-1234 for more details.

## WEDNESDAY BOWLING SPECIAL

Visit the Skylark Bowling Center and bowl for \$1 per game and \$1 shoe rental Wednesdays, all day long. Call 671-1234.

#### ZUMBA

Dance to the beat of Latin music while shedding calories during Zumba, offered at four Joint Base San Antonio-Lackland fitness centers. The class is offered from 11:30 a.m. to 12:30 p.m. Monday and Wednesday at the Kelly Fitness Center, 9-10 a.m. Monday, Wednesday and Friday at the Medina Fitness Center, 4:15-5:15 p.m. Monday and Wednesday at the Warhawk Fitness Center and 3:30-4:30 p.m. Tuesday and Thursday at the Gillum Fitness Center. All classes are \$2 per person, per session. Call the Kelly Fitness Center at 925-4848, the Medina Fitness Center at 671-4477, the Warhawk Fitness Center at 671-2016 and the Gillum Fitness Center at 977-2353 for more information.

## 59th DG claims JBSA-Lackland Intramural Football Championship

Story and photo by Jose T. Garza III JBSA-Lackland Public Affairs

The 59th Dental Group flag football team defeated the 531st Intelligence Squadron Nov. 12 at the Warhawk Field to seal the JBSA-Lackland Intramural Flag Football Championship and a 14-0 perfect season.

Quarterback Ricky Guajardo, 59th DG threw four touchdowns, including two to Senior Airman Cory Kawesa, 59th DG dental tech, en route to a 25-0 victory.

This was their second base title and fourth overall JBSA flag football championship since 2011. The 59th DG also won the JBSA Intramural Flag Football Championship in 2012 and 2014.

The 59th DG, who went 11-0 in the regular season, thwarted the 688th Cyberspace Wing's attempts for a second consecutive base intramural flag football title by defeating them in the semifinals on their way back to the base championship game.

The two teams met last year during the championship game, where the 688th CW upended the new champions for their first base title, inspiriting the 59th DG to enter the season with a purpose.

"Our goal was to go undefeated and win the base championship," said Kawesa. "It took a lot of focus to get this point. Rick told us not to take any opponent lightly and to play hard every single down."

From the onset of the finale, The 59th DG put in work to achieve their mission.



Ricky Guajardo, 59th Dental Group quarterback, looks for an open receiver during the Joint Base San Antonio-Lackland Intramural Flag Football Championship finale Nov. 12 at JBSA-Lackland's Warhawk Field. Guajardo threw four touchdowns in the team's 25-0 shutout against the 531st Intelligence Squadron.

Guajardo discovered Kawesa in the end zone during the team's opening drive for his first of two receiving touchdowns.

Staff Sgt. Johnnie Creecy, 59th DG dental technician, later intercepted a pass from Staff Sgt. Brandon Hawkins, 531st IS IT project manager, to set up a two-play touchdown drive from Guajardo to Staff Sgt. Brett Manz, 59th Dental Training Squadron NCO in charge of the Endodontics Flight, for a 12-0 score.

"We play for each other and for the entire 59th DG," Manz said. "When you play with a purpose, you are going to play harder."

The team opened the second half with an 11-play drive that culminated with

Kawesa's second touchdown grab for an 18-0 score.

"Our job was to go out and contribute in anyway possible," Kawesa said. "We met our goal, whether it was with touchdowns, interceptions or pulling flags."

Guajardo struck pay dirt with Staff Sgt. Eric Ivey, 59th DG dental processing technician, for the team's final score during the team's final drive.

Ivey stated the base title victory was dedicated to his teammates who are scheduled to move to other instillations next year.

"I told some of these guys to give me one more season and I promised we would go undefeated and we kept it true," he said.



One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service.

It takes five minutes or less to submit a comment at http://ice.disa.mil.



#### Joint Base San Antonio-Lackland is on



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For current, automated information during a natural disaster, crisis or emergency, call your local Straight Talk line.

JBSA-Fort Sam Houston: 466-4630
 JBSA-Lackland: 671-6397
 JBSA-Randolph: 652-7469

